

COVID-19 INSTRUCTIONS FOR INTERNATIONAL STUDENTS

1. WHAT RESTRICTIONS APPLY TO YOU
2. MANDATORY PRE-ARRIVAL FORM AND TESTING FOR COVID-19
3. PRAGUE TESTING SITES FOR COVID-19
4. WHAT TO DO IN CASE OF QUARANTINE
5. OFFICIAL COURCES OF INFORMATION

1. WHAT RESTRICTIONS APPLY TO YOU?

According to the latest measurements announced by the Czech Government and with **effect from February 5, 2021**, all countries are divided into 5 categories based on risk of Covid-19 transmission. Every category has specific pre-arrival and after-arrival duties.

More details can be found at the Czech Interior Ministry's website that provides the latest updates and is recommended to be checked regularly: <https://www.mvcr.cz/mvcren/article/the-conditions-for-entry-of-persons-to-the-czech-republic-change-with-effect-from-friday-february-5th-2021.aspx>

Complete list of the countries can be found at <https://www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx> - see No 2 Entry into the Territory of the CR - [List of countries with a low risk of COVID-19 transmission pdf](#)

Dark Red = Very High-Risk Countries – are considered all countries that are excluded from the list above

Rules for entry and return to the Czechia (as of 5th February 2021) for travels exceeding 12 hours



	PUBLIC HEALTH PASSENGER LOCATOR FORM	TEST BEFORE THE DEPARTURE	TEST AFTER THE ARRIVAL	LIMITATION OF THE FREE MOVEMENT/ SELF-ISOLATION	MOUTH AND NOSE PROTECTION
GREEN COUNTRY	NO	NO	NO	ACCORDING TO THE PES ¹	ACCORDING TO THE PES ¹
ORANGE COUNTRY	YES	ANTIGEN or PCR (max 48 hours before the arrival)	NO	ACCORDING TO THE PES ¹ (employees and students have to submit a negative test result before entering the workplace or school)	ACCORDING TO THE PES ¹
RED COUNTRY	YES	ANTIGEN or PCR (max 48 hours before the arrival)	PCR (within 5 days after the arrival)	SELF-ISOLATION UNTIL THE SUBMISSION OF THE NEGATIVE TEST RESULT (employees and students have to submit a negative test result before entering the workplace or school)	ACCORDING TO THE PES ¹ + 10 days after the arrival obligation to wear a respirator FFP2 or a surgical mask outside
DARK RED COUNTRY	YES	PCR (max 48 hours before the arrival)	PCR (no sooner than 5 days after the arrival)	SELF-ISOLATION UNTIL THE SUBMISSION OF THE NEGATIVE TEST RESULT (no sooner than 5 days after the arrival) (employees and students have to submit a negative test result before entering the workplace or school)	ACCORDING TO THE PES ¹ + 10 days after the arrival obligation to wear a respirator FFP2 (strongly recommended) or a surgical mask outside

There are exceptions from these rules, particularly for the international transport and regular cross-border movement (cross-border workers, pupils and students, persons having rights of custody or rights of visitation).

¹ PES - anti-epidemic system of the Czech Republic

2. MANDATORY PRE-ARRIVAL FORM AND TESTING FOR COVID-19

Students who spent more than 12 hours in any country other than green/low risk in the last 14 days are obliged to fill in an online form prior to arrival and undergo a test for COVID-19 prior to their arrival to the Czech Republic. Travelers from **Red** and **Dark Red** countries are also required to undergo a PCR test in CR. In particular, they have to:

1. **Fill in an online form** <https://plf.uzis.cz/> and save the confirmation you have done so as it may be requested at border control
2. **Get tested before departure for CR max 48 hours before arrival and have a written confirmation of this to show at the border/Prague Airport control**
 - **Orange & Red countries** – Antigen or RT-PCR test
 - **Dark Red countries** – RT-PCR test
3. **Self-isolation and a RT-PCR test after arrival to the Czech Republic.**
 - **Red countries** – must undergo test within 5 days of arrival
 - **Dark Red countries** must undergo test no sooner than 5 days after arrival
 - Everyone has to **self-isolate and limit their movements** to obtaining essentials only – **wearing mask or FFP2 respirator (recommended!) when outside** until the submission of negative test result
4. **Send the RT-PCR test results to local Hygiene Station** (covid-hc@hygp Praha.cz). Please inform also UNYP at rectoroffice@unyp.cz
Your email to the Hygiene Station must include:
 1. Your name and surname
 2. Date of birth
 3. Your address (in Prague)
 4. Phone number (Czech)
 5. Date of arrival to the Czech Republic
 6. Name of the country from which you have arrived
 7. Scan of the test resultsYou will receive an answer to your email from the H.S.
5. **Wearing a FFP2 respirator or surgical mask when outside for +10 days after arrival mandatory for travelers from **Red** and **Dark Red** countries**

3. PRAGUE TESTING SITES FOR COVID-19

FOR ALL TESTING SITES CHECK: <https://koronavirus.mzcr.cz/seznam-odberovych-center/> and <https://covid.praha.eu/>

HERE ARE FREQUENTLY VISITED ONES:

3.1 PRAGUE AIRPORT

(Address: Aviatická, 161 00, Prague 6; corridor connecting Terminal 1 and Terminal 2)

- <https://www.prg.aero/en/testing-covid-19>

- **Appointments in advance:** NO
- **Opening hours:** Monday – Sunday from 4 am to 12 am
- **Price:** CZK 1750 / 65 EUR cash and card
- **Procedure info:** The operating hours of the testing site will be adjusted according to the current air traffic. The samples taken at the airport are analysed at a remote workplace fitted for the purpose and the test results are shared with the tested person in a standard mode within a maximum of 12 hours via e-mail.
- **How to get there:**
Public Transport: Bus stop Letiště Václava Havla, No. 100, 119, 191

3.2 PRAGUE CENTER - WENCESLAS SQUARE

(Address: Václavské náměstí 824 / 29, Praha 1)

- <https://www.ghcgenetics.cz/covid/vn/>

- **Appointments in Advance:** NO
- **Opening hours:** Monday – Sunday from 8 am to 6 pm
- **Price:** CZK 1750
- **Procedure info:** Samples are taken at the site, analyzed and you receive results via SMS within 24 hours.
- **How to get there:**
Public transport: Metro stops Muzeum and Můstek

3.3 MESTSKA POLIKLINIKA PRAHA

(Address: Spálená 12, Praha 1)

- www.prahamp.cz/test-covid-19

- **Appointments in Advance:** YES
- **Opening hours:** Monday – Friday from 7:30 am to 12 pm
- **Price:** CZK 1510 only by card
- **Procedure info:** Samples are taken at the site, analyzed and you receive results via secure email within 48 hours and an SMS with code to open your email.
- **How to get there:**
Public transport: tram stop Lazarská, No. 3, 5, 6, 9, 14, 24

3.4 SPADIA LAB, ZLUTE LAZNE

(Address: Podolské nábř. 3/1184, Praha 4)

- <https://www.spadia.cz/en/verejnost/vysetreni/objednavka-vysetreni/>

- **Appointments in Advance:** NOT required, but you can book online
- **Opening hours:** Monday – Friday from 8 am to 12 :30 pm and from 12:30 pm to 4 pm
- **Price:** CZK 1300
- **Procedure info:** Samples are taken at the site, analyzed and you receive results via email or SMS in 24-48 hours
- **How to get there:**
Public transport: tram stop Dvorce, No. 3, 17, 21

4. WHAT TO DO IN CASE OF QUARANTINE

In case you test positive for COVID-19, you must quarantine immediately for 14 days.

Please take the following steps:

1. INFORM LOCAL HYGIENE STATION - test results must be reported to: covid-hc@hygpraha.cz as instructed above
2. CONTACT INSURANCE PROVIDER TO GET CONNECTED WITH A GENERAL PRACTITIONER
3. CONTACT YOUR HOUSING PROVIDER AND INFORM THEM OF THE SITUATION
4. **INFORM UNYP RECTOR'S OFFICE** at rectoroffice@unyp.cz
5. **YOU ARE NOT ALLOWED TO LEAVE YOUR HOME WHEN QUARANTINED!**

When ordering deliveries, you have to inform the service provider that you are quarantined and pay by card. They will leave your shopping/food behind the door/at reception and leave without the need to interact.

SHOPPING:

<https://www.rohlik.cz/en>

<https://www.kosik.cz/>

<https://itesco.cz/first-time-shopping/en/>

FOOD DELIVERY SERVICES:

<https://www.damejidlo.cz/en>

<https://wolt.com/>

<https://www.ubereats.com/>

Individual restaurants may deliver too

5. OFFICIAL SOURCES OF INFORMATION

Ministry of Health <https://koronavirus.mzcr.cz/en/>

Ministry of Interior <https://www.mvcr.cz/mvc/en/article/coronavirus-information-of-moi.aspx>

Ministry of Foreign Affairs <https://www.mzv.cz/jnp/>

Hygienic Station <http://hygpraha.cz/>

You can download eRouska App <https://erouska.cz/en>