

COVID-19 INSTRUCTIONS FOR INTERNATIONAL STUDENTS

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1. MANDATORY PRE-ARRIVAL FORM AND TESTING FOR COVID-19 UPON ARRIVAL TO CZECH REPUBLIC

All international students coming from **high-risk countries** (marked in red) and everyone from **low-risk countries** (marked in green) who spent more than 12 hours in a high-risk country in the last 14 days are obliged to fill in an online form prior to arrival and undergo a test for COVID-19 on arrival to the Czech Republic. In particular, they have to:

1. **Fill in an online form** <https://plf.uzis.cz/> and save the confirmation you have done so as it may be requested at border control
2. **Undergo a RT-PCR test for COVID-19 in the Czech Republic within 5 days upon your arrival** (tests done abroad are not acceptable)*
*** Exception for:** citizens of EU + Iceland, Lichtenstein, Norway, Switzerland, Northern Ireland, Andorra, Monaco, San Marino, Vatican City and third country nationals permitted long-term or permanent residence in the EU, are allowed to present a negative result of RT-PCR test which has been performed in the EU + member state and is not older than 72 hours.
The test result must be submitted immediately on entry of the Czech Republic to the local Hygiene Station.
3. **Send the test results to local Hygiene Station** (covid-hc@hygpraha.cz) **within 7 days** after arrival to the CR. Please inform also UNYP at rectorsoffice@unyp.cz
Your email to the Hygiene Station must include:
 1. Your name and surname
 2. Date of birth
 3. Your address (in Prague)
 4. Phone number (Czech)
 5. Date of arrival to the Czech Republic
 6. Name of the country from which you have arrived
 7. Scan of the test results

You will receive an answer to your email from the H.S.

Until the **RT-PCR test result** is emailed to Hygiene Station and Rector's Office, you must limit your movements to journeys for obtaining essentials only. Currently, there is an obligation to wear respiratory protective equipment (facemasks).

If you fail to send your test results to the local Hygiene Station within 7 days after your arrival to the CR, you will be ordered to undertake the necessary quarantine measures.

WHEN TRAVELLING FROM THE UK:

- For everyone who has been to the UK from more than 12 hours in the last 14 days
- You must fill in the pre-arrival form and must submit a negative Covid-19 test result (not older than 72 hours) **before** travelling to the Czech Republic.
- After arrival you must get tested again in between the 5th and 7th days of your arrival and submit the result to the local hygiene station.
- Until the **RT-PCR test result** is emailed to Hygiene Station and Rector's Office, you must limit your movements to journeys for obtaining essentials only. Currently, there is an obligation to wear respiratory protective equipment (facemasks).

2. PRAGUE TESTING SITES FOR COVID-19

2.1 PRAGUE AIRPORT

(Address: Aviatická, 161 00, Prague 6; corridor connecting Terminal 1 and Terminal 2)

- <https://www.prg.aero/en/testing-covid-19>

- **Appointments in advance:** NO
- **Opening hours:** Monday – Sunday from 4 am to 12 am
- **Price:** CZK 1750 / 65 EUR cash and card
- **Procedure info:** The operating hours of the testing site will be adjusted according to the current air traffic. The samples taken at the airport are analysed at a remote workplace fitted for the purpose and the test results are shared with the tested person in a standard mode within a maximum of 12 hours via e-mail.
- **How to get there:**
Public Transport: Bus stop Letiště Václava Havla, No. 100, 119, 191

2.2 PRAGUE CENTER - WENCESLAS SQUARE

(Address: Václavské náměstí 824 / 29, Praha 1)

- <https://www.ghcgenetics.cz/covid/vn/>

- **Appointments in Advance:** NO
- **Opening hours:** Monday – Sunday from 8 am to 6 pm
- **Price:** CZK 1750
- **Procedure info:** Samples are taken at the site, analyzed and you receive results via SMS within 24 hours.
- **How to get there:**
Public transport: Metro stops Muzeum and Můstek

Option for the second test close to UNYP – Appointment required and testing days are only Mondays

2.3 FACULTY OF MEDICINE Charles University

(Address: Na Bojišti 1, Praha 2, testing site accessible from the courtyard – to the right)

- <https://uim.lf1.cuni.cz/en/coronavirus>
- **Appointment in Advance:** YES - required
- **Opening day:** Mondays
- **Price:** CZK 1700
- **Procedure info:** You must book an appointment in advance at corona@lf1.cuni.cz and be there for the appointment with a filled in and printed out form (can be found on the website) and a confirmation of payment. Analysis is done the next day and you receive a Text Message with a code that let's you download the medical report from the web.
- **How to get there:**
On foot - 9 minute walk from UNYP
Public Transport: Bus stops Na Bojišti or Kateřinská, No. 148

FOR MORE TESTING SITES CHECK: <https://koronavirus.mzcr.cz/seznam-odberovych-center/>

3. COUNTRIES IN HIGH RISK (RED) & LOW RISK (GREEN) ZONES

Green/low-risk countries – named in the list that can be found here:

<https://www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx> (see No 2. Entry into the Territory of the CR)

Red/high-risk countries – Countries not included in the list above

SIMPLIFIED SCHEME FOR ENTRY INTO CZECHIA¹ (from 1. 7. 2020)

	CATEGORY ACCORDING TO THE LEVEL OF RISK	SAME RULES FOR ENTRY INTO CZE AS BEFORE COVID-19	NECESSITY OF PROVING THE PURPOSE OF STAY/NECESSITY OF PCR TEST OR QUARANTINE
CITIZENS OF EU+ COUNTRIES	COUNTRY ON THE LIST	YES	NO/NO
	COUNTRY NOT ON THE LIST	NO	NO/YES
THIRD-COUNTRY NATIONALS	COUNTRY ON THE LIST	YES	NO/NO
	COUNTRY NOT ON THE LIST	NO	YES/YES

4. WHAT TO DO IN CASE OF QUARANTINE

In case you test positive for COVID-19, you must quarantine immediately for 14 days.

Please take the following steps:

1. INFORM LOCAL HYGIENE STATION , Test results must be reported to: **covid-hc@hygpraha.cz** as instructed above
2. CONTACT INSURANCE PROVIDER TO GET CONNECTED WITH A GENERAL PRACTITIONER
3. CONTACT YOUR HOUSING PROVIDER AND INFORM THEM OF THE SITUATION
4. **INFORM UNYP RECTOR'S OFFICE** at rectorsoffice@unyp.cz
5. **YOU ARE NOT ALLOWED TO LEAVE YOUR HOME WHEN QUARANTINED!**

When ordering deliveries, you have to inform the service provider that you are quarantined and pay by card. They will leave your shopping/food behind the door/at reception and leave without the need to interact.

SHOPPING:

<https://www.rohlik.cz/en>

<https://www.kosik.cz/>

<https://itesco.cz/first-time-shopping/en/>

FOOD DELIVERY SERVICES:

<https://www.damejidlo.cz/en>

<https://wolt.com/>

<https://www.ubereats.com/>

Individual restaurants may deliver too

6. OFFICIAL SOURCES OF INFORMATION

Ministry of Health <https://koronavirus.mzcr.cz/en/>

Ministry of Interior <https://www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx>

Ministry of Foreign Affairs <https://www.mzv.cz/jnp/>

Hygienic Station <http://hygpraha.cz/>

You can download eRouska App <https://erouska.cz/en>