

# COVID-19 INSTRUCTIONS FOR INTERNATIONAL STUDENTS

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## ATTENTION:

### From February 22, 2021 in the Czech Republic:

It is mandatory to wear **FFP2 respirators without vents** or **other respiratory protection** of similar quality (nano-mask) in **all public interior spaces** (shops, services, medical and social care centers, public transport and public transport stops and stations, airports, inside vehicles etc.) and also **outdoor areas** where 2 or more people come in within 2 meters distance of each other (not including family members).

**Cloth face masks are no longer considered as appropriate protection!**

## 1. WHAT RESTRICTIONS APPLY TO YOU?

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According to the latest measurements announced by the Czech Government and with **effect from March 1st, 2021**, all countries are divided into 5 categories based on risk of Covid-19 transmission. Every category has specific pre-arrival and after-arrival duties.

More details can be found at the Czech Interior Ministry's website that provides the latest updates and is recommended to be checked regularly:

<https://www.mvcr.cz/mvcren/docDetail.aspx?docid=22239932&doctype=ART#2>

Complete list of the countries can be found at <https://www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx> - see No 2 Entry into the Territory of the CR - [List of countries with a low risk of COVID-19 transmission pdf](#)

**Dark Red = Very High-Risk Countries** – are considered all countries that are excluded from the list above and all third countries that are not marked as green

**Black = Extreme-Risk Countries** – travel prohibited for all except for citizens of one of the countries.

**Travel is possible only when essential and Czech Ministry of Foreign Affairs must be informed** -

Botswana, Brazil, Eswatini, India, South Africa, Kenya, Lesotho, Malawi, Tanzania (including Zanzibar and Pemba), Zambia, Zimbabwe, Colombia and Peru

# Rules for entry and return to the Czechia (as of 27<sup>th</sup> April 2021)

after the stay in the country of departure exceeding 12 hours and subsequent stay in the Czechia exceeding 12 hours



*Applies for all foreigners with an exception of family members of the citizens of Czechia, EU+ citizens with a certificate of temporary residence and foreigners with a permanent residence permit*

	PUBLIC HEALTH PASSENGER LOCATOR FORM	USING INDIVIDUAL OR PUBLIC TRANSPORTATION		LIMITATION OF THE FREE MOVEMENT/ SELF-ISOLATION	MOUTH AND NOSE PROTECTION
		TEST BEFORE THE DEPARTURE	TEST AFTER THE ARRIVAL		
COUNTRY WITH A LOW RISK	NO	NO	NO	ACCORDING TO THE RULES OF THE MINISTRY OF HEALTH	ACCORDING TO THE RULES OF THE MINISTRY OF HEALTH
COUNTRY WITH A MEDIUM RISK	YES	NEGATIVE ANTIGEN (max 24 hours) or PCR (max 72 hours before the departure)	NO	ACCORDING TO THE RULES OF THE MINISTRY OF HEALTH <small>(employees and students have to submit a negative test result before entering the workplace or school)</small>	ACCORDING TO THE RULES OF THE MINISTRY OF HEALTH + 14 days after the arrival obligation to wear a respirator FFP2 outside
COUNTRY WITH A HIGH RISK	YES	NEGATIVE ANTIGEN (max 24 hours) or PCR (max 72 hours before the departure)	PCR (within 5 days after the arrival)	SELF-ISOLATION UNTIL THE SUBMISSION OF THE NEGATIVE TEST RESULT <small>(employees and students have to submit a negative test result before entering the workplace or school)</small>	ACCORDING TO THE RULES OF THE MINISTRY OF HEALTH + 14 days after the arrival obligation to wear a respirator FFP2 outside
COUNTRY WITH A VERY HIGH RISK	YES	NEGATIVE PCR (max 72 hours before the departure)	PCR (no sooner than 5 <sup>th</sup> day after the arrival)	SELF-ISOLATION UNTIL THE SUBMISSION OF THE NEGATIVE TEST RESULT (no sooner than 5 days after the arrival) <small>(employees and students have to submit a negative test result before entering the workplace or school)</small>	ACCORDING TO THE RULES OF THE MINISTRY OF HEALTH + 14 days after the arrival obligation to wear a respirator FFP2 outside
COUNTRY WITH AN EXTREME RISK	YES	NEGATIVE PCR (max 72 hours before the departure)	PCR (first within 24 hours from arrival and second no sooner than 10 <sup>th</sup> day after the arrival)	SELF-ISOLATION UNTIL THE SUBMISSION OF THE NEGATIVE TEST RESULT (no sooner than 10 days after the arrival) <small>(employees and students have to submit a negative test result before entering the workplace or school)</small>	ACCORDING TO THE RULES OF THE MINISTRY OF HEALTH + 14 days after the arrival obligation to wear a respirator FFP2 outside

## ATTENTION:

- Students and employees must inform their school and/or employer when travelling to any other than a green country for more than 12 hours.
- Students and employees must present a negative test result to school and/or employer on arrival to the Czech Republic from (in accordance with regulations).

## 2. MANDATORY PRE-ARRIVAL FORM AND TESTING FOR COVID-19

Students who spent more than 12 hours in any country other than green/low risk in the last 14 days are obliged to fill in an **online form** prior to arrival and undergo a **test** for COVID-19 prior to their arrival to the Czech Republic. Travelers from **Red, Dark Red** and **Black** countries are also required to undergo a **PCR test in CR**. In particular, they have to:

1. Fill in an **online form** <https://plf.uzis.cz/> and save the confirmation you have done so as it may be requested at border control

2. **Get tested before departure for CR and have a written confirmation of this to show at the border/Prague Airport control:**
  - **Orange & Red countries & Dark Red countries** – Antigen (max 24h before arrival) or RT-PCR test (max 72h before arrival)
  - **Black countries** – RT-PCR test (max 72 hours before the start of your journey)
3. **Self-isolation and a RT-PCR test after arrival to the Czech Republic:**
  - **Red countries** – must undergo test within 5 days of arrival
  - **Dark Red countries** - must undergo test no sooner than 5 days after arrival
  - **Black countries** – must undergo 1<sup>st</sup> RT-PCR test within 24 hours of arrival to the Czech territory (make appointment online prior to departure), must undergo 2<sup>nd</sup> RT-PCR test no sooner than 10 days and no later than 14 days after arrival to the Czech Republic
  - Everyone has to **self-isolate and limit their movements** to obtaining essentials only – **wearing FFP2/KN95 respirator (mandatory!) when outside of your residence for 2 weeks after arrival to CR**

The RT-PCR test results will be automatically sent to your local Hygiene Station, but please inform also UNYP at [rectorsoffice@unyp.cz](mailto:rectorsoffice@unyp.cz) !

### 3. PRAGUE TESTING SITES FOR COVID-19

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**FOR ALL TESTING SITES CHECK:** <https://koronavirus.mzcr.cz/seznam-odberovych-center/> and <https://covid.praha.eu/>

**HERE ARE FREQUENTLY VISITED ONES:**

#### 3.1 PRAGUE AIRPORT

(Address: Aviatická, 161 00, Prague 6; corridor connecting Terminal 1 and Terminal 2)

- <https://www.prg.aero/en/testing-covid-19>

- **Appointments in advance:** NO
- **Opening hours:** Monday – Sunday from 4 am to 12 am
- **Price:** CZK 1750 / 65 EUR cash and card
- **Procedure info:** The operating hours of the testing site will be adjusted according to the current air traffic. The samples taken at the airport are analysed at a remote workplace fitted for the purpose and the test results are shared with the tested person in a standard mode within a maximum of 12 hours via e-mail.
- **How to get there:**  
Public Transport: Bus stop Letiště Václava Havla, No. 100, 119, 191

### 3.2 PRAGUE CENTER - WENCESLAS SQUARE

(Address: Václavské náměstí 824 / 29, Praha 1)

- <https://www.ghcgenetics.cz/covid/vn/>
- **Appointments in Advance:** NO
- **Opening hours:** Monday – Sunday from 8 am to 6 pm
- **Price:** CZK 1750
- **Procedure info:** Samples are taken at the site, analyzed and you receive results via SMS within 24 hours.
- **How to get there:** Public transport: Metro stops Muzeum and Můstek

### 3.3 MESTSKA POLIKLINIKA PRAHA

(Address: Spálená 12, Praha 1)

- [www.prahamp.cz/test-covid-19](http://www.prahamp.cz/test-covid-19)
- **Appointments in Advance:** YES
- **Opening hours:** Monday – Friday from 7:30 am to 12 pm
- **Price:** CZK 1510 only by card
- **Procedure info:** Samples are taken at the site, analyzed and you receive results via secure email within 48 hours and an SMS with code to open your email.
- **How to get there:**  
Public transport: tram stop Lazarská, No. 3, 5, 6, 9, 14, 24

### 3.4 SPADIA LAB, ZLUTE LAZNE

(Address: Podolské nábř. 3/1184, Praha 4)

- <https://www.spadia.cz/en/verejnost/vysetreni/objednavka-vysetreni/>
- **Appointments in Advance:** NOT required, but you can book online
- **Opening hours:** Monday – Friday from 8 am to 12 :30 pm and from 12:30 pm to 4 pm
- **Price:** CZK 1300
- **Procedure info:** Samples are taken at the site, analyzed and you receive results via email or SMS in 24-48 hours
- **How to get there:**  
Public transport: tram stop Dvorce, No. 3, 17, 21

## 4. WHAT TO DO IN CASE OF QUARANTINE

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In case you test positive for COVID-19, you must quarantine immediately for 14 days.

Please take the following steps:

1. **INFORM LOCAL HYGIENE STATION** - test results must be reported to: [covid-hc@hygpraha.cz](mailto:covid-hc@hygpraha.cz) as instructed above
2. **CONTACT INSURANCE PROVIDER** TO GET CONNECTED WITH A GENERAL PRACTITIONER
3. **CONTACT YOUR HOUSING PROVIDER** AND INFORM THEM OF THE SITUATION
4. **INFORM UNYP RECTOR'S OFFICE** at [rectorsoffice@unyp.cz](mailto:rectorsoffice@unyp.cz)
5. **YOU ARE NOT ALLOWED TO LEAVE YOUR HOME WHEN QUARANTINED!**

When ordering deliveries, you have to inform the service provider that you are quarantined and pay by card. They will leave your shopping/food behind the door/at reception and leave without the need to interact.

### SHOPPING:

<https://www.rohlik.cz/en>

<https://www.kosik.cz/>

<https://itesco.cz/first-time-shopping/en/>

### FOOD DELIVERY SERVICES:

<https://www.damejidlo.cz/en>

<https://wolt.com/>

<https://www.ubereats.com/>

## 5. OFFICIAL SOURCES OF INFORMATION

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**Ministry of Health** <https://koronavirus.mzcr.cz/en/>

**Ministry of Interior** <https://www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx>

**Ministry of Foreign Affairs** <https://www.mzv.cz/jnp/>

**Hygienic Station** <http://hygpraha.cz/>

You can download eRouska App <https://erouska.cz/en>