

COVID-19 INSTRUCTIONS FOR INTERNATIONAL STUDENTS

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ATTENTION:

From February 22, 2021 in the Czech Republic:

It is mandatory to wear **FFP2 respirators without vents** or **other respiratory protection** of similar quality (nano-mask) in **all public interior spaces** (shops, services, medical and social care centers, public transport and public transport stops and stations, airports, inside vehicles etc.) and also **outdoor areas** where 2 or more people come in within 2 meters distance of each other (not including family members).

Cloth face masks are no longer considered as appropriate protection!

1. WHAT RESTRICTIONS APPLY TO YOU?

According to the latest measurements announced by the Czech Government and with **effect from March 1st, 2021**, all countries are divided into 5 categories based on risk of Covid-19 transmission. Every category has specific pre-arrival and after-arrival duties.

More details can be found at the Czech Interior Ministry's website that provides the latest updates and is recommended to be checked regularly:

<https://www.mvcr.cz/mvcren/docDetail.aspx?docid=22239932&doctype=ART#2>

Complete list of the countries can be found at <https://www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx> - see No 2 Entry into the Territory of the CR - [List of countries with a low risk of COVID-19 transmission pdf](#)

Dark Red = Very High-Risk Countries – are considered all countries that are excluded from the list above and all third countries that are not marked as green, orange, red or black

Black = Extreme-Risk Countries – Travel is prohibited - possible only when essential and Czech Ministry of Foreign Affairs must be informed (July 1 – 31): Botswana, Brazil, Eswatini (Swaziland), India, South Africa, Colombia, Lesotho, Malawi, Mozambique, Namibia, Nepal, Paraguay, Peru, Russia, Tanzania (including Zanzibar and Pemba), Tunisia, Zambia and Zimbabwe.

Rules for entry and return to the Czech Republic (as of 9th July 2021)

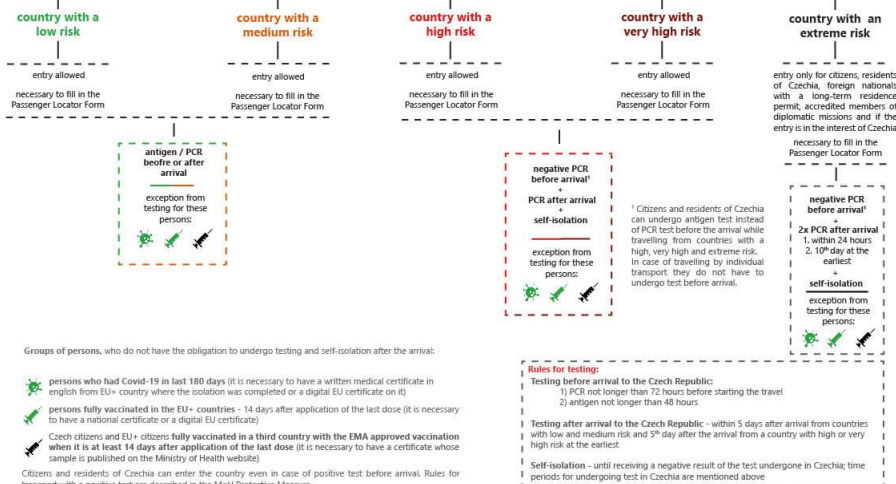
PART A

citizens of Czechia and foreign nationals with residence permit issued by Czechia
citizens of EU+ and foreign nationals with long-term or permanent residence permit issued by EU+

it is possible to enter the country for any reason

from what country
are you arriving?

Citizens and residents of the Czech Republic
Citizens of the Czech Republic and their family members who are holders of a temporary residence permit, EU+ citizens who are holders of a certificate of a temporary residence and foreign nationals with a permanent residence permit in the Czech Republic.



Groups of persons, who do not have the obligation to undergo testing and self-isolation after the arrival:

- persons who had Covid-19 in last 180 days (it is necessary to have a written medical certificate in english from EU+ country where the isolation was completed or a digital EU certificate on it)
 - persons fully vaccinated in the EU+ countries - 14 days after application of the last dose (it is necessary to have a national certificate or a digital EU certificate)
 - Czech citizens and EU+ citizens fully vaccinated in a third country with the EMA approved vaccination when it is at least 14 days after application of the last dose (it is necessary to have a certificate whose sample is published on the Ministry of Health website)
- Citizens and residents of Czechia can enter the country even in case of positive test before arrival. Rules for transport with a positive test are described in the MoH Protective Measure.



Travellers from all countries have an obligation to fill in the Passenger Locator Form before the arrival.



There are several exceptions from the obligation to fill in the Passenger Locator Form or undergo testing. All the rules and exceptions can be found in the Ministry of Health Protective Measure.



A list of countries with a low, medium and high risk of Covid-19 transmission and list of countries with an extreme risk of Covid-19 transmission can be found here. A country listed in neither list of countries is considered as a country with a very high risk of Covid-19 transmission.



ATTENTION:

- Students and employees must inform their school and/or employer when travelling to any other than a green country for more than 12 hours.
- Students and employees must present a negative test result to school and/or employer on arrival to the Czech Republic from (in accordance with regulations).

2. MANDATORY PRE-ARRIVAL FORM AND TESTING FOR COVID-19

Students who spent more than 12 hours in any country other than green/low risk in the last 14 days are obliged to fill in an **online form** prior to arrival and undergo a **test** for COVID-19 prior to their arrival to the Czech Republic. Travelers from **Orange, Red** and **Dark Red** countries are also required to undergo a **PCR test in CR**. In particular, they have to:

- Fill in an **online form** <https://plf.uzis.cz/> and save the confirmation you have done so as it may be requested at border control. **Mandatory for everyone.**
- Get tested **before** departure for CR and have a written confirmation of this to show at the border/Prague Airport control:

- **Green & Orange** – negative Antigen (48 hours or less) or RT-PCR (72 hours or less) test before departure to the Czech Republic **OR** RT-PCR test within 5 days from the entry to the Czech Republic
 - **Red countries & Dark Red countries** – negative RT-PCR (72 hours or less) test before arrival to the Czech Republic + RT-PCR after arrival
- 3. Self-isolation and a RT-PCR test after arrival to the Czech Republic:**
- **Red countries & Dark Red countries** - must undergo test no sooner than 5th day after arrival
 - Everyone coming from **Red countries & Dark Red countries** has to **self-isolate and limit their movements** to obtaining essentials only – **wearing FFP2/KN95 respirator (mandatory!) when outside of your residence for 2 weeks after arrival to CR**

The RT-PCR test results will be automatically sent to your local Hygiene Station, but please inform also UNYP at rectoroffice@unyp.cz !

Who doesn't have the obligation to undergo testing and self-isolation after arrival from the **Green & Orange countries**:

- Persons who had Covid-19 in the last 180 days – it is necessary to have written medical certificate in English from EU+ country where isolation was completed
- Persons vaccinated in the EU+ countries – 22 days after application of the first dose of after 14 days in case of one-dose vaccination (it is necessary to have a national certificate)

3. PRAGUE TESTING SITES FOR COVID-19

FOR ALL TESTING SITES CHECK: <https://koronavirus.mzcr.cz/seznam-odberovych-center/> and <https://covid.praha.eu/>

HERE ARE FREQUENTLY VISITED ONES:

3.1 PRAGUE AIRPORT

(Address: Aviatická, 161 00, Prague 6; corridor connecting Terminal 1 and Terminal 2)

- <https://www.prg.aero/en/testing-covid-19>

- **Appointments in advance:** NO
- **Opening hours:** Monday – Sunday from 4 am to 12 am
- **Price:** CZK 1750 / 65 EUR cash and card
- **Procedure info:** The operating hours of the testing site will be adjusted according to the current air traffic. The samples taken at the airport are analysed at a remote workplace fitted for the purpose and the test results are shared with the tested person in a standard mode within a maximum of 12 hours via e-mail.
- **How to get there:**
Public Transport: Bus stop Letiště Václava Havla, No. 100, 119, 191

3.2 PRAGUE CENTER - WENCESLAS SQUARE

(Address: Václavské náměstí 824 / 29, Praha 1)

- <https://www.ghcgenetics.cz/covid/vn/>
- **Appointments in Advance:** NO
- **Opening hours:** Monday – Sunday from 8 am to 6 pm
- **Price:** CZK 1750
- **Procedure info:** Samples are taken at the site, analyzed and you receive results via SMS within 24 hours.
- **How to get there:** Public transport: Metro stops Muzeum and Můstek

3.3 MESTSKA POLIKLINIKA PRAHA

(Address: Spálená 12, Praha 1)

- www.prahamp.cz/test-covid-19
- **Appointments in Advance:** YES
- **Opening hours:** Monday – Friday from 7:30 am to 12 pm
- **Price:** CZK 1510 only by card
- **Procedure info:** Samples are taken at the site, analyzed and you receive results via secure email within 48 hours and an SMS with code to open your email.
- **How to get there:**
Public transport: tram stop Lazarská, No. 3, 5, 6, 9, 14, 24

3.4 SPADIA LAB, ZLUTE LAZNE

(Address: Podolské nábř. 3/1184, Praha 4)

- <https://www.spadia.cz/en/verejnost/vysetreni/objednavka-vysetreni/>
- **Appointments in Advance:** NOT required, but you can book online
- **Opening hours:** Monday – Friday from 8 am to 12 :30 pm and from 12:30 pm to 4 pm
- **Price:** CZK 1300
- **Procedure info:** Samples are taken at the site, analyzed and you receive results via email or SMS in 24-48 hours
- **How to get there:**
Public transport: tram stop Dvorce, No. 3, 17, 21

4. WHAT TO DO IN CASE OF QUARANTINE

In case you test positive for COVID-19, you must quarantine immediately for 14 days.

Please take the following steps:

1. INFORM LOCAL HYGIENE STATION - test results must be reported to: covid-hc@hygpraha.cz as instructed above
2. CONTACT INSURANCE PROVIDER TO GET CONNECTED WITH A GENERAL PRACTITIONER
3. CONTACT YOUR HOUSING PROVIDER AND INFORM THEM OF THE SITUATION
4. **INFORM UNYP RECTOR'S OFFICE** at rectoroffice@unyp.cz
5. **YOU ARE NOT ALLOWED TO LEAVE YOUR HOME WHEN QUARANTINED!**

When ordering deliveries, you have to inform the service provider that you are quarantined and pay by card. They will leave your shopping/food behind the door/at reception and leave without the need to interact.

SHOPPING:

<https://www.rohlik.cz/en>
<https://www.kosik.cz/>
<https://itesco.cz/first-time-shopping/en/>

FOOD DELIVERY SERVICES:

<https://www.damejidlo.cz/en>
<https://wolt.com/>
<https://www.ubereats.com/>

5. OFFICIAL SOURCES OF INFORMATION

Ministry of Health <https://koronavirus.mzcr.cz/en/>

Ministry of Interior <https://www.mvcr.cz/mvcren/article/coronavirus-information-of-moi.aspx>

Ministry of Foreign Affairs <https://www.mzv.cz/jnp/>

Hygienic Station <http://hygpraha.cz/>

You can download eRouska App <https://erouska.cz/en>